

ACTION DOLPO projects



- ▲ Send the largest number of pupils to primary and secondary schools
- ▲ Allow some of them all the way through higher education
- ▲ Transmit knowledge of Tibetan arts and medicine to the young
- ▲ Create a “Dolpo Centre” in Kathmandu to welcome Dolpopa spending the winter in the capital and to help them develop traditional arts in specialised workshops
- ▲ Promote craftsmanship with a view to generating new resources in Dolpo
- ▲ Develop environmental awareness



www.actiondolpo.com

Support ACTION DOLPO



- ▲ **Make a donation:** donations help us to finance school, sanitary or social projects. A minimum of 60€ is required to become a member and receive regular information on the project.
- ▲ **Sponsor a child:** Annual sponsorships, with a minimum of 160€, including 10€ of running costs, are paid at the beginning of the year, or in two instalments of 80€. Sponsors receive a file and a picture of the child they are helping. If possible, sponsors are asked to help over a minimum period of time.

Members receive regular information via the internal publication *TARAP*. Board members – all working on a voluntary basis – are in charge with supervising projects and running the association.

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ACTION DOLPO IS BASED ON :

Our love of

- ▲ One of the last wild life sanctuaries in the Himalayas
- ▲ One of the last authentic cultures in the Tibetan world
- ▲ The Dolpopa people

Our desire to share

With the agreement of local people:

- ▲ The opening of schools in the Tarap valley
- ▲ Helping villages in the valley

One fundamental value

- ▲ Preserve the Tibetan culture of the Dolpo while helping villagers in their daily life.

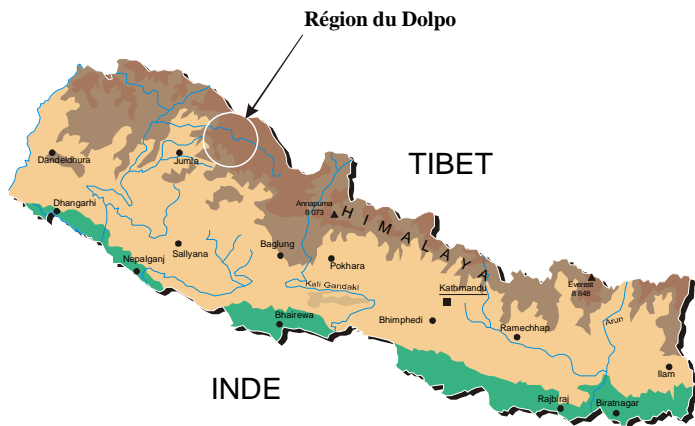
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Dolpo is an Himalayan area in North-West Nepal. It is generally accepted to be one of the highest and coldest inhabited places in the world.

A population of semi-nomadic yak and horse breeders who become farmers during summer months, so as to grow enough barley for sustenance, manage to survive there.

The Dho-Tarap valley thus shelters Tibetan villages upwards of 4,000 meters.

The people live in windowless fortresses with no heating except for the main room's yak-dung stove.



Action means



In view of the endemic food shortages plaguing the region – local crops cover only 60% of villagers' needs – responsible for significant child mortality, an organisation was created, with backing from the Club Alpin Français, in order to carry out an help project.

ACTION DOLPO is conscious that this project helps a culture preserved up till recently, and now endangered by the area opening to trekkers.

ACTION DOLPO aims to:

- ▲ Help Dolpo people, notably Tarap valley inhabitants
- ▲ Allow the children to benefit from education and protect their Tibetan culture.

HOW ?

- ▲ Most of the resources of ACTION DOLPO come from subscribers: donations, sponsoring, which must last a minimum period of time for our work to really useful.
- ▲ Additional resources are generated by events such as craft fairs, conferences, ... in order to cover operational costs
- ▲ Donations are entirely indeed totally invested into projects in the Dolpo area.

Achievements



Created in May 1993, ACTION DOLPO has already achieved several entire projects



Schools

- ▲ *Crystal Mountain School* is a primary school that welcomes over a hundred pupils. On top of the common core syllabus for all – which includes Nepali and English – Dolpo children are taught Tibetan

Health

- ▲ A health centre, set up and run by the association, provides basic health care to villagers. ACTION DOLPO also provides financial support to amchis (local healers) to practice, develop and transfer their knowledge.
- ▲ A solar power green house brings fresh vegetable most part of the year

Support villagers

- ▲ The organisation opted for solidarity-based sponsoring : funds coming from donations are used for projects of use to all villagers. This is particularly important in regions where survival depends on climatic conditions and all crop harvests.
- ▲ Projects are designed along with inhabitants during village council meetings.